



### EAT, DRINK & BE HAPPY





## DAILY SEASONAL SOUPS

\$8

Served w/toasted bread

### SEASONAL SALADS

### **GARDEN SALAD**

Small \$5 | Large \$10.25 greens, cucumber, tomatoes

## MIXED BERRY \$10.25 Spinach, goat cheese, almonds, berries

SMOKED SALMON \$10,25

#### SMOKED SALMON \$10.25 Greens, beets, ricotta cheese, honey

#### ARUGULA \$10.25 Arugula, turkey, roasted tomato, asiago cheese

### WITH CHOICE OF DRESSING

Creamy italian white balsamic Lemon honey vinaigrette Garlic & herb vinaigrette Oil and vinegar

# CREPES

CHOOSE REGULAR OR GLUTEN FREE CREPES -OR- MAKE IT A SANDWICH BY CHOOSING BAGUETTE OR 9 GRAIN BREAD ③

# 📲 RISE & SHINE 🍃

\$13.5

EXTRA TOPPINGS AVAILABLE

#### **BERRYLICIOUS (y)**

Mixed berries, ricotta, almonds, honey, raspberry coulis

#### **SKINNY GOAT** (V)

Egg whites, goat cheese, baby spinach, roasted tomatoes

#### NORWEGIAN\*

Two scrambled eggs, smoked salmon, cucumber, cream cheese, dill sauce

#### **ABC**

Avocado, bacon, cheddar cheese, tomato salsa

### **PORTUGUESE**

Two scrambled eggs, black forest ham, roasted tomatoes, basil

### **FULL MONTY**

Two scrambled eggs, cheddar cheese with your choice of bacon, turkey, black forest ham or roast beef

### THE BURG (V)

Caramelized onions, mushrooms, scrambled eggs, asiago cheese

### B.E.A.S.T.

Bacon, scrambled eggs, asiago cheese, spinach, roasted tomatoes, basil aioli

### 

Maple syrup & butter

\$11.75









EXTRA TOPPINGS AVAILABLE

#### **MONSIEUR**

Black forest ham, béchamel, swiss cheese

#### APPLE MELT

Turkey breast, spinach, roasted apple, brie cheese, caramel drizzle

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Mozzarella, ricotta, fresh tomato, basil, balsamic glaze

#### **TLT**

Turkey breast, arugula, roasted tomatoes, basil aioli

#### **CUBANITO**

Black forest ham, smoked pork, swiss cheese, dijon mustard, pickle

### THE WHOLE ENCHILADA

Smoked pork, cilantro, avocado, cheddar cheese, tomato salsa

### **SWAMP GRASS ⊘**

Hummus, sprouts, tomato, cucumber, lemon pepper, goat cheese

### THE BEETS **(V)**

Roasted beets, goat cheese, arugula, almond basil pesto, balsamic glaze

### **CHEESEBURGER**

Seasoned ground beef, caramelized onions, cheddar cheese, pickles, housemade special sauce

### FRENCH "PHILLY"

Roast beef, caramelized onions, asiago cheese, arugula, housemade horseradish sauce

### HUMMUS

\$8.25

roasted tomato pesto served with veggies, choice of chips or Pinsa bread





### VEGAN TARTINES DUO

\$14

#1 Avocado toast, EVOO, lemon pepper #2 Hummus, EVOO, alfalfa sprouts, almond basil pesto on 9 grain bread



### SMOKED SALMON PLATE\*

\$15

Toasted bagel, cream cheese, sprouts, cucumber, lemon pepper, dill sauce

### SIDES

Small garden salad \$5
Bagels & cream cheese \$5
Avocado toast \$6.5
Toast & jam \$3.5
Fresh fruit \$5
Bag of Chips \$2
Bacon \$5

\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness, especially if you have a certain medical condition

### BUILD YOUR OWN CREPE, SANDWICH, OR SALAD

CHOOSE REGULAR OR GLUTEN FREE CREPES -OR-MAKE IT A SANDWICH BY CHOOSING BAGUETTE OR 9 GRAIN BREAD (7)

\$13.5 Includes three toppings

### PROTEIN

ADDITIONAL TOPPINGS \$2

Turkey

Black forest ham

Smoked pork

Roast beef

Ground beef

Bocon

Smoked salmon\*

Scrambled eggs

Egg white

ADDITIONAL TOPPINGS \$2

Cheddar

**Swiss** 

Mozzarella

Brie Goat

Ricotto

Cream cheese

Asiago

### FRUITS

ADDITIONAL TOPPINGS \$1.5

Banana Strawberry

Raspberry

Roasted apples

Lemon wedges

### **VEGGIES**

ADDITIONAL TOPPINGS \$1.5

Fresh tomato

Oven roasted tomato

Spinach Arugula

Avocado

Sprouts

Cucumber

Basil **Pickles** 

**Hummus** 

Cilantro **Beets** 

Roasted mushrooms Coromelized onions

### **EXTRAS**

ADDITIONAL TOPPINGS \$1.5

Almond basil pesto

Balsamic glaze

Lemon pepper

Béchamel sauce

Basil aioli

Diion mustard Horseradish crema

Dill sauce Tomato salsa

**Burger sauce** 

Roasted tomato pesto

### **ICE CREAM**

**ADDITIONAL TOPPINGS \$2.5** 

Vanilla bean

Chocolate

Banana crunch

### OTHER SWEETS

ADDITIONAL TOPPINGS \$1.5

Cinnamon sugar

Oreo

Marshmallow

Granola

Graham cracker

Chocolate chip

Strawberry jam

Peanut butter

Nutella

Honey

Dark chocolate sauce

White chocolate sauce

Caramel sauce

Raspberry Coulis

Maple syrup

Cream cheese icing

### NIITS

ADDITIONAL TOPPINGS \$1.5

Almonds

**HazeInuts** 















\$13.5

CHOOSE REGULAR OR GLUTEN FREE CREPES EXTRA TOPPINGS AVAILABLE

PB & I W

Strawberry jam & peanut butter

### STRAWBERRY CHEESECAKE (V)

Fresh strawberry, cream cheese icing, graham cracker

### **BEES KNEES** (V)

Peanut butter, honey, banana, granola

### **BANANELLA** (V)

Nutella, banana, toasted hazelnuts, banana crunch ice cream, chocolate sauce

#### **SMORES**

Marshmallow, chocolate chips, chocolate sauce, graham cracker, chocolate ice cream

### **NUTTY IOE (**

Nutella, oreos, vanilla bean ice cream, espresso shot, chocolate sauce

### **BLUEBERRY DELIGHT W**

Blueberry, almonds, vanilla bean ice cream, white chocolate sauce



## ICE CREAM

\$3.5 a Scoop

Vanilla Bean Chocolate Banana Crunch

### SPECIAL EVENTS

Interested in renting The Wooden Rooster for your special event?

Want to make your event more magical with catering by The Wooden Rooster?

Please inquire with one of our staff members.

### COFFEE

Coffee/Decaf \$3.25 Espresso \$3.5

Double espresso \$4.25

### \$4.5

Americano Latte, cappuccino, macchiato Café au lait, hot chocolate Cold Brew \*All Coffee Available Iced or Hot

Hot tea \$4.5 Iced tea \$3.5 Hand Squeezed OJ \$6.5 (large) // \$4.5 (small) Housemade Lemonade \$4.75 Bottled water \$2.5 Soda \$2.75 Kombucha \$6.25 Martinelli's apple juice \$4.5 Perrier Water \$3.5 Matcha Latte or Lemonade \$5.5 Milk \$2.75

Bellini \$8.<sup>75</sup> Bloody Mary Mimosa Sangria (red/pink/white)

Chocolate Milk \$3.75

Cold Beer \$6.25 Wine by the glass \$7.25 Wine by the bottle \$25 Pitcher of Sangria \$20 Bottle of Sparkling Wine \$25



### DOWNTOWN ST. PETE

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### DOWNTOWN SARASOTA

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